Month 1: Foundation and Market Research

Market Analysis:

- Research the organic food market in New Jersey.
- Identify the target audience's preferences and behaviors.

Keyword Research:

- Use tools like Google Keyword Planner for organic food-related terms.
- Focus on local keywords like 'organic food in New Jersey'.

Website Audit:

- Perform a technical SEO audit.
- Ensure the site is user-friendly and mobile-optimized.

Month 2-3: Content Development & On-Page SEO

Content Strategy:

- Create a content calendar focusing on organic foods, health benefits, recipes.
- Start a blog to share news, tips, and recipes.

On-Page SEO:

- Optimize product pages with targeted keywords.
- Use attractive meta titles, descriptions, and alt texts.

User Experience:

- Improve website navigation and CTA buttons.

Month 4-5: Off-Page SEO and Social Media

Link Building:

- Guest post on health and local lifestyle websites.
- Collaborate with influencers in the organic food niche.

Social Media Marketing:

- Regular posts on platforms like Instagram and Facebook.
- Engage with the community through contests, Q&As.

Month 6: Review, Analyze, and Adjust

Performance Analysis:

- Use Google Analytics to understand traffic and user behavior.
- Adjust strategies based on performance data.

Content Refreshment:

- Update older blog posts and product descriptions.
- Focus on trending topics in the organic food sector.

Additional Considerations

Local SEO:

- Optimize for local searches relevant to New Jersey.
- Utilize Google My Business for local visibility.

E-commerce Optimization:

- Ensure smooth checkout processes and clear product listings.
- Implement schema markup for products.